



**PARENTING WORKSHOP ENROLLMENT FORM**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

<b>Workshops are held at Babies in Bloom in Vista</b>	<b>DATE</b>	<b>PRICE</b>
Balancing Love & Discipline	March 4	
Balancing Work & Family	March 11	
Handling Sibling Rivalry	March 18	
How to Turn a Terrible Two into a Terrific Two	March 25	
Parenting as a Team	April 1	
Temperament	April 8	
<b>SUBTOTAL</b>		
TAKE A 15% DISCOUNT WHEN ENROLLING IN 2 OR MORE WORKSHOPS! ASK ABOUT OUR EXPECTANT PARENT DISCOUNT.		
	<b>TOTAL</b>	<b>\$</b>

**ENROLLMENT FORM AND PAYMENT IS DUE ONE WEEK PRIOR TO EACH WORKSHOP.  
INDIVIDUAL ENROLLMENT IS \$25 PER WORKSHOP OR \$40 PER COUPLE.**

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Name on card: \_\_\_\_\_

Signature: \_\_\_\_\_

Please make checks payable to **Happy Healthy Hip Parenting**.

P. O. Box 835 · La Jolla, California 92038 · (p) 858.336.3990 · (f) 858.876.1836  
www.happyhealthyhip.com · http://happyhealthyhip.blogspot.com

## WORKSHOP DESCRIPTIONS

Workshops are held at Babies in Bloom, located in Vista and facilitated by Certified Parent Educator, Sondra LaBrie

**March 4<sup>th</sup>, 11 am**  
**Balancing Love & Discipline**

Introduces the concept of firm and kind, unconditional love, and the value of more action and less talk.

**March 11<sup>th</sup>, 11am**  
**Balancing Work & Family**

Learn how to nurture yourself and your family so that your family fully supports your work. Find the balance.

**March 18<sup>th</sup>, 11am**  
**Handling Sibling Rivalry**

There is a difference between sibling rivalry and sibling conflict. Learn how to identify and correct each behavior.

**March 25<sup>th</sup>, 11am**  
**How to Turn a Terrible Two into a Terrific Two**

Use developmental information and understanding of the mistaken goals of power and attention to make this challenging time wonderful.

**April 1<sup>st</sup>, 11am**  
**Parenting as a Team**

Discover the underlying causes for a couple's disagreements on parenting and learn how you can create peaceful resolutions.

**April 8<sup>th</sup>, 11am**  
**Temperament**

Learn to identify 9 temperaments that can cause behavior challenges. Easy to use skills are taught to manage them.