



Parenting Classes Around San Diego

Offered by Certified Parent Educators



Parent Educator	Area of San Diego	Parenting Course	Topic & Other Details	Start Date	Phone	Email	Website
<i>Cathy Northcutt</i>	USD Campus - Central	Welcome to My World	Communication workshop for parents	April 19 and 26; call or email to register	619-460-6593	c.northcutt@cox.net	www.CathyNorthcutt.com
	East County & La Jolla	RCB 5-week Course	The parenting "toolbox"	Monthly; call or email to register	619-460-6593	c.northcutt@cox.net	www.CathyNorthcutt.com
	San Diego County	Passionate Parent Monthly Telegathering	Telegathering to discuss parenting topics	1st Tuesday of Month; 8:30 pm PST; call or email for more details	619-460-6593	c.northcutt@cox.net	www.CathyNorthcutt.com
	San Diego County	Extreme Self-Care Monthly Telegatherings for Women	By phone conference	Ongoing; call or email for details	619-460-6593	c.northcutt@cox.net	www.CathyNorthcutt.com
	La Mesa - East County	Extreme Self-Care Weekly Coaching Sessions	Revive Day Spa, 5565 Lake Murray Blvd. 91942	Friday Mornings at 9:30 am; walk-ins welcome	RSVP to 619-464-8267	c.northcutt@cox.net	www.CathyNorthcutt.com
<i>Christian Choiseul</i>	East County	RCB 5-week Course (Spanish)		TBD	619-461-1958	christianchoiseul@cox.net	
<i>Kelly Gralewski</i>	Downtown - Central	RCB 5-week course		April 30	619-818-6254	gralewski@cox.net	
	Hillcrest - Central	Couple's Communication Workshop	Held at LGBT in Hillcrest	March 4			
<i>Kelly J. Soban</i>	La Jolla / Clairemont	Balancing Love & Discipline Workshop	Free	Saturday, March 7	619 301 1837	Kelly.rcb@att.net	www.rcbkelly.com
		RCB for KIDS (kids only)	Life-skills, communication		619 301 1837	Kelly.rcb@att.net	www.rcbkelly.com
		RCB 5-week Course	Parenting "toolbox"	Thursday Evenings Mar 26 - Apr 23 Ongoing	619 301 1837	Kelly.rcb@att.net	www.rcbkelly.com
<i>Renee Kelman</i>	La Jolla	Parent Support Group	Peaceful Parenting	Monthly/Ongoing	(858) 459-8856	xoxo@kelmanfamily.com	
	La Jolla	RCB 5-week Course		TBD			

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<i>Sondra LaBrie</i>	La Mesa - East County	RCB 5-week Course - La Mesa	Happy Healthy Hip Parenting	Thursdays in April @ 11 am	858-336-3990	sondra@happyhealthyhip.com	www.HappyHealthyHip.com
	Vista - North County	Parenting Workshops - Vista	Happy Healthy Hip Parenting	Weekly, Wednesdays @ 11 am	858-336-3990	sondra@happyhealthyhip.com	www.HappyHealthyHip.com
	La Jolla	Parenting Workshops - La Jolla	Happy Healthy Hip Parenting	Weekly, Tuesdays @ 10 am	858-336-3990	sondra@happyhealthyhip.com	www.HappyHealthyHip.com
<i>Susie Walton</i>	Encinitas - North County	RCB 5-week course	"Parenting toolbox"	April 20 - May 18 6:30 to 9 pm	760-633-3754	susie@indigovillage.com	www.IndigoVillage.com
	Encinitas - North County	RCB 5-week course	"Parenting toolbox"	April 21 - May 19 6:30 to 9 pm	760-633-3754	susie@indigovillage.com	www.IndigoVillage.com
	Encinitas - North County	"Enjoying the Teen Years"	Workshop	March 11	760-633-3754	susie@indigovillage.com	www.IndigoVillage.com
	Encinitas - North County	RCB Instructor Training	Learn to be an RCB Instructor	March 6, 7, 8	760-633-3754	susie@indigovillage.com	www.IndigoVillage.com
<i>Toni Ziv</i>	Solana Beach - North County	RCB 5-week Course - Party Format		Monthly/ongoing	858-354-2052	toniz@pobox.com	www.LetTheChildrenLeadUs.com

Additional workshops may be customized to address various concerns and/or schedules. To create a class that best suits your goals, please contact any Parent Educator above.

Updated 3/5/09